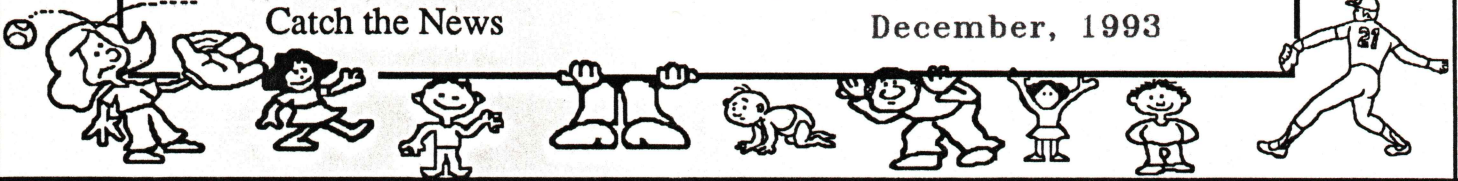




The Riel Family Newsletter

Catch the News

December, 1993



FAMILY ENJOYS FUN, GAMES, FOOD ON THANKSGIVING DAY

LOTS OF FUN AND GAMES, LOTS OF TURKEY

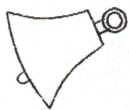
The family began to arrive about 10:30 in the morning, greeted by the aroma of two turkeys warming up in the oven. After some arranging of the various food items we all took off to Grant School park for a rousing game of soccer. No scores are available, but the game was spirited and hard fought. Brett Sorem took a nasty fall and skinned his left arm, and Grandpa and Francie took him home for some quick first aid. Doctor Grandpa and nurse Francie cleaned and bandaged the wound, (see the accompanying photo) and Brett returned to the game. In addition to the soccer there were several rounds of frisbee golf, with Bruce, Grandpa, Grandma, Tim and some others trying their hand on the course laid out by Aunt Margaret. Grandma and some of the rest hiked back home through the canyon, and Uncle Jeff and Grandpa expertly carved the two turkeys. We also enjoyed salad, mashed potatoes, candied yams, and various desserts. After the food the kids got in some pool shooting, and some of the older parents settled down to watch a football game on television. We missed Bob, Karla and family, who had made other plans. Later on Uncle Alan showed up to pick up Brett and Bryce, and we were happy to enjoy his company. It was a fun celebration, and we look forward to the next holiday. By the way, if anyone wants some turkey soup, be sure and call Grandpa, and he will fix you up.



BOB GILLINGHAM IS NOW DOCTOR G

We learned recently that the long awaited day had arrived, and that Bob Gillingham was ready for the final step in his long road to the degree of Doctor of Philosophy in Education. The last activity was a meeting with his faculty committee, for a final review of his thesis. However, this was pretty much of a formality, since the approval already had been granted. After the meeting he honored the tradition of treating the committee to dinner and a celebration. We congratulate Bob on this very difficult achievement, and welcome him into the ranks of higher education. We also congratulate Listy, whose encouragement and support made this achievement possible.

SEASONS GREETINGS FROM ALL



OF US TO ALL OF YOU



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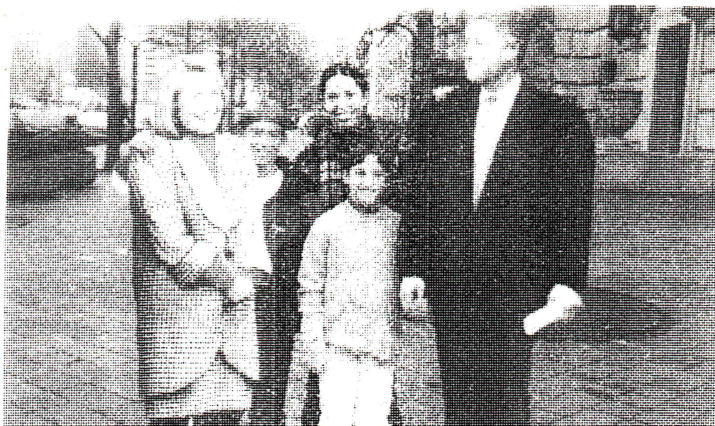


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MARGARET REPORTS ON WASHINGTON TRIP

The Mehan family returned recently from their visit to the nations capital. For Bud it was a business trip, but the rest of the family enjoyed an educational visit. One of the highlights was a visit to the congress, to see our elected representatives at work. It seems that hardly any of our representatives are present unless they are making a speech. Now that the proceedings are televised, all of the others are in their offices, where they can follow the proceedings on TV, and pay attention or not, as they wish. The room fills up only when a vote is to be taken. Margaret, Michael and Megan also visited the White House, and had their picture taken with the current residents, as shown in the accompanying photo. We understand that the weather was pleasant, and they really enjoyed the entire trip.

MARGARET, MICHAEL AND MEGAN TOUR WASHINGTON D.C.



BUNNY NOSE DEPARTMENT

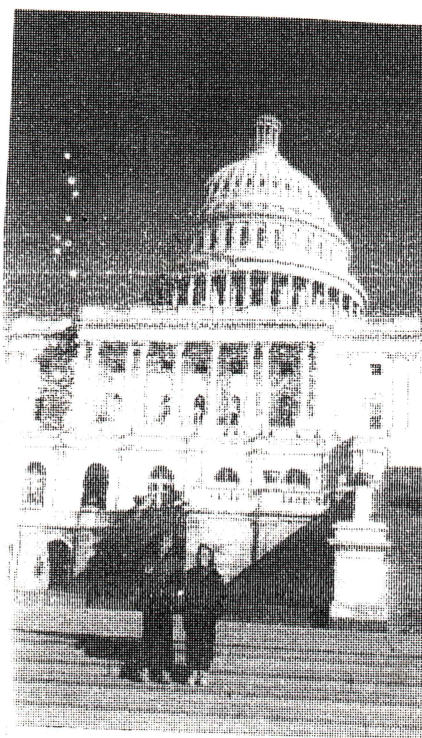
Annie Gillingham showed up early in December at Grandma's house with a mild case of upset stomach. However, she made a rapid recovery and was able to enjoy lunch with Grandpa and Grandma at a local restaurant. Grandpa Riel also is under the weather, since he hurt his back while unlocking the door to his car. It seems hard to understand how a slight bending over movement can cause so much trouble, since he still is resting and trying to get it healed up.

BIRTHDAY CELEBRATIONS

Since there were no birthdays in November we have nothing to report. However, on December 6th Grandpa celebrated his 75th birthday, and was treated to a home cooked meal by Margaret and Francie, at the Mehan home. We all enjoyed a candlelight dinner, followed by the birthday present and greeting cards made by Michael and Megan. We also received telephoned messages and "happy birthday" songs from others. Grandpa really appreciated all the attention and gifts. Liz Riel also celebrated recently, and was treated to dinner and a show by Richard, while Grandma took care of JJ.

BIRTHDAY CALENDAR

| | | |
|-------------------|------------|----|
| Liz Riel | December 3 | 42 |
| Alan Sorem | December 4 | 46 |
| Frank Riel | December 6 | 76 |
| Kristy Gillingham | December 8 | 10 |



GRANDPA AND GRANDMA GO TO DRIVERS SCHOOL

Recently Grandma and Grandpa Riel attended a two day, eight hour drivers school designed for the older driver. The program, organized and put on by AARP (American Association of Retired Persons) was an excellent review of good driving practices, with special emphasis on compensating for the reduced capabilities of the older driver, especially reduced vision, hearing, etc. A great deal of the time was spent in group discussions, with shared experiences. The program is called "55 Alive" but anyone over 50

can attend. The visual aids were excellent, and the booklet was well illustrated and written. The program was presented at the Mission Valley YMCA, and costs \$8.00 per person. Upon completion (everybody passed) each participant was given a certificate, which is forwarded to the insurance carrier. Most companies will give a 10% discount on insurance costs, which certainly is an added attraction. We highly recommend the program to anyone over 50.

FAMILY CLOTHING, ETC. EXCHANGE PROGRAM

Some of the family members have suggested that we introduce a section in RFNL where anyone can list items of clothing, equipment, sports gear, etc. which they need or would like to borrow or swap for a larger or smaller size. Apparently this exchange has been going on in an informal manner for some time. An example was the recent lending of cold weather gear by Margaret to Francie when she visited Alaska recently. If you have items your family has outgrown let us know what they are, and we will publish them. Also, if you need something let us know, and we will publicize that need.

SOME BRIEF FAMILY NEWS ITEMS

We hear that Listy has acquired a new responsibility at school. She is a coordinator with local businesses who are helping out in the school program.--- We also hear that Nathan Riel blew his savings account on a new skate board. According to Uncle Bd it is a state of the art model, and we hope Nathan is careful using it.

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SOME ACTION PHOTOS AT THE THANKSGIVING DAY SOCCER GAME



**MEGAN ATTACKS
THE GOAL**



**BRETT AND MEGAN
IN ACTION**

**BRETT SCRAPES ARM
IN NASTY FALL**



**NOT EVERYONE PLAYED SOCCER
- SOME JUST STOOD AROUND**



**GRANDMA YA YA TALKS TO
SOME OF THE KIDS**



